

**Welcome to the office of Dr. Ariel Raigrodski, DMD, MS, FACP**

We wanted to extend to you our personal greetings and a very warm welcome to our dental practice. We are accepting new patients, and we are committed to doing everything possible to provide you with high quality, state-of-the-art dental care. We have prepared this packet of information and patient forms to make your visit to our office as pleasant and as comfortable as possible.

**When you come for your initial appointment, please bring the following with you:**

- Patient Information and Medical History Form
- Dental History Form
- Office Financial Policy and Missed Appointment and Cancellation Policy form
- Patient Health Information Policy (HIPAA) Form
- Dental Insurance Card
- If you have current x-rays and/or records at another office, they may email them to us at [office@aridentistrynorthwest.com](mailto:office@aridentistrynorthwest.com) . Your previous dental office may require a signed release form you. We can assist you with this or with any records transfer from another office.

**What to expect at your first appointment:**

- At the time of your first appointment, we will listen closely to your concerns and conduct a thorough, comprehensive examination. We will take the time to give you the personal attention you deserve. In some cases an additional appointment may be required for completing the comprehensive assessment and providing a comprehensive treatment plan.
- Before any treatment begins, we will sit down with you and advise you of your options so you can make an informed choice regarding the best course of treatment for your specific needs. We respect our patients, and our goal is to provide you with the highest quality care in an atmosphere of mutual trust.

**Thank you for choosing our practice to serve your dental needs. If you have any questions, please feel free to call us at (425) 771-2022.**

**Our entire staff is here to help you in any manner we can. We look forward to meeting you!**



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Fax: (425) 775-9615  
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Date: \_\_\_\_\_

#### Patient Information

First Name: _____	Last Name: _____	Middle Initial: _____
Address: _____		City: _____ State: _____ Zip: _____
Home Phone: _____	Work Phone: _____	Mobile Phone: _____
E-Mail: _____		Preferred Method of Contact: _____
Date of Birth: _____	Age: _____	Marital Status: <input type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed
Are you a student? <input type="checkbox"/> Yes <input type="checkbox"/> No Name of School: _____		
Emergency Contact Name: _____		Phone Number: _____
Whom may we thank for referring you? _____		

#### Account Information

Person Responsible for Account: _____		Relationship to Patient: _____
Your Name: _____	Spouse's Name: _____	
Social Security Number: _____	Social Security Number: _____	
Employer: _____	Employer: _____	
Work Phone: _____	Work Phone: _____	

#### Insurance Information

<b>Primary Insurance:</b> _____	<b>Secondary Insurance:</b> _____
Address: _____	Address: _____
Phone Number: _____	Phone Number: _____
Group Number: _____	Group Number: _____
Carrier's Name: _____	Carrier's Name: _____
Social Security Number: _____	Social Security Number: _____
Birth Date: _____	Birth Date: _____
Employer: _____	Employer: _____

Although dental personnel primarily treat the area in and around your mouth, your mouth is a part of your entire body. Health problems that you may have, or medication that you may be taking, could have an important interrelationship with the dentistry you will receive. Thank you for answering the following questions.

Are you under a physician's care now? Yes ☐ No ☐ If yes, please explain:\_\_\_\_\_

Have you ever been hospitalized or had a major operation? Yes ☐ No ☐ If yes, please explain:\_\_\_\_\_

Have you ever had a serious head or neck injury? Yes ☐ No ☐ If yes, please explain:\_\_\_\_\_

Are you taking any medications, pills or drugs? Yes ☐ No ☐ If yes, please explain:\_\_\_\_\_

Do you take, or have you taken, Phen-Fen or Redux? Yes ☐ No ☐ \_\_\_\_\_

Are you on a special diet? Yes ☐ No ☐ \_\_\_\_\_

Do you use tobacco? Yes ☐ No ☐ \_\_\_\_\_

Do you use controlled substances? Yes ☐ No ☐ \_\_\_\_\_

Women: Are you

Pregnant/Trying to get pregnant? Yes ☐ No ☐ Taking oral contraceptives? Yes ☐ No ☐ Nursing? Yes ☐ No ☐

Are you allergic to any of the following?

Asprin ☐ Penicillin ☐ Codeine ☐ Acrylic ☐ Metal ☐ Latex ☐ Local Anesthetics ☐

Other ☐ if yes, please explain: \_\_\_\_\_

Do you have, or have you had, any of the following?

AIDS/HIV Positive	Yes <input type="radio"/> No <input type="radio"/>	Cortisone Medicine	Yes <input type="radio"/> No <input type="radio"/>	Hemophilia	Yes <input type="radio"/> No <input type="radio"/>	Renal Dialysis	Yes <input type="radio"/> No <input type="radio"/>
Alzheimer's Disease	Yes <input type="radio"/> No <input type="radio"/>	Diabetes	Yes <input type="radio"/> No <input type="radio"/>	Hepatitis A	Yes <input type="radio"/> No <input type="radio"/>	Rheumatic Fever	Yes <input type="radio"/> No <input type="radio"/>
Anaphylaxis	Yes <input type="radio"/> No <input type="radio"/>	Drug Addiction	Yes <input type="radio"/> No <input type="radio"/>	Hepatitis B or C	Yes <input type="radio"/> No <input type="radio"/>	Rheumatism	Yes <input type="radio"/> No <input type="radio"/>
Anemia	Yes <input type="radio"/> No <input type="radio"/>	Easily Winded	Yes <input type="radio"/> No <input type="radio"/>	Herpes	Yes <input type="radio"/> No <input type="radio"/>	Scarlet Fever	Yes <input type="radio"/> No <input type="radio"/>
Angina	Yes <input type="radio"/> No <input type="radio"/>	Emphysema	Yes <input type="radio"/> No <input type="radio"/>	High Blood Pressure	Yes <input type="radio"/> No <input type="radio"/>	Shingles	Yes <input type="radio"/> No <input type="radio"/>
Arthritis/Gout	Yes <input type="radio"/> No <input type="radio"/>	Epilepsy or Seizures	Yes <input type="radio"/> No <input type="radio"/>	Hives or Rash	Yes <input type="radio"/> No <input type="radio"/>	Sickle Cell Disease	Yes <input type="radio"/> No <input type="radio"/>
Artificial Heart Valve	Yes <input type="radio"/> No <input type="radio"/>	Excessive Bleeding	Yes <input type="radio"/> No <input type="radio"/>	Hypoglycemia	Yes <input type="radio"/> No <input type="radio"/>	Sinus Trouble	Yes <input type="radio"/> No <input type="radio"/>
Artificial Joint	Yes <input type="radio"/> No <input type="radio"/>	Excessive Thirst	Yes <input type="radio"/> No <input type="radio"/>	Irregular Heartbeat	Yes <input type="radio"/> No <input type="radio"/>	Spina Bifida	Yes <input type="radio"/> No <input type="radio"/>
Asthma	Yes <input type="radio"/> No <input type="radio"/>	Fainting Spells/Dizziness	Yes <input type="radio"/> No <input type="radio"/>	Kidney Problems	Yes <input type="radio"/> No <input type="radio"/>	Stomach/Intestine Disease	Yes <input type="radio"/> No <input type="radio"/>
Blood Disease	Yes <input type="radio"/> No <input type="radio"/>	Frequent Cough	Yes <input type="radio"/> No <input type="radio"/>	Leukemia	Yes <input type="radio"/> No <input type="radio"/>	Stroke	Yes <input type="radio"/> No <input type="radio"/>
Blood Transfusion	Yes <input type="radio"/> No <input type="radio"/>	Frequent Diarrhea	Yes <input type="radio"/> No <input type="radio"/>	Liver Disease	Yes <input type="radio"/> No <input type="radio"/>	Swelling of Limbs	Yes <input type="radio"/> No <input type="radio"/>
Breathing Problem	Yes <input type="radio"/> No <input type="radio"/>	Frequent Headaches	Yes <input type="radio"/> No <input type="radio"/>	Low Blood Pressure	Yes <input type="radio"/> No <input type="radio"/>	Thyroid Disease	Yes <input type="radio"/> No <input type="radio"/>
Bruise Easily	Yes <input type="radio"/> No <input type="radio"/>	Genital Herpes	Yes <input type="radio"/> No <input type="radio"/>	Lung Disease	Yes <input type="radio"/> No <input type="radio"/>	Tonsillitis	Yes <input type="radio"/> No <input type="radio"/>
Cancer	Yes <input type="radio"/> No <input type="radio"/>	Glaucoma	Yes <input type="radio"/> No <input type="radio"/>	Mitral Valve Prolapse	Yes <input type="radio"/> No <input type="radio"/>	Tuberculosis	Yes <input type="radio"/> No <input type="radio"/>
Chemotherapy	Yes <input type="radio"/> No <input type="radio"/>	Hay Fever	Yes <input type="radio"/> No <input type="radio"/>	Pain in Jaw Joints	Yes <input type="radio"/> No <input type="radio"/>	Tumors or Growths	Yes <input type="radio"/> No <input type="radio"/>
Chest Pains	Yes <input type="radio"/> No <input type="radio"/>	Heart Attack/Failure	Yes <input type="radio"/> No <input type="radio"/>	Parathyroid Disease	Yes <input type="radio"/> No <input type="radio"/>	Ulcers	Yes <input type="radio"/> No <input type="radio"/>
Cold Sores/Fever Blisters	Yes <input type="radio"/> No <input type="radio"/>	Heart Murmur	Yes <input type="radio"/> No <input type="radio"/>	Psyciatric Care	Yes <input type="radio"/> No <input type="radio"/>	Venereal Disease	Yes <input type="radio"/> No <input type="radio"/>
Congenital Heart Disorder	Yes <input type="radio"/> No <input type="radio"/>	Heart Pace Maker	Yes <input type="radio"/> No <input type="radio"/>	Radiation Treatments	Yes <input type="radio"/> No <input type="radio"/>	Yellow Jaundice	Yes <input type="radio"/> No <input type="radio"/>
Convulsions	Yes <input type="radio"/> No <input type="radio"/>	Heart Trouble/Disease	Yes <input type="radio"/> No <input type="radio"/>	Recent Weight Loss	Yes <input type="radio"/> No <input type="radio"/>		

Have you ever had any serious illnesses not listed above? Yes ☐ No ☐ If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

COMMENTS

To the best of my knowledge, the questions on this form have been accurately answered. I understand that providing incorrect informations can be dangerous to my (or patient's) health. It is my responsibility to inform the dental office of any changes in medical status.

SIGNATURE OF PATIENT, PARENT, or GUARDIAN \_\_\_\_\_ DATE \_\_\_\_\_



Dr. Ariel Raigrodski, DMD, MS, FACP

## Dental History

What is the most important thing we can do for you today? \_\_\_\_\_

Do you have any teeth that are sensitive to: **Hot Cold Sweets Brushing Biting?** (Circle all that apply)

Do you have any teeth that spontaneously **ache or throb?** YES NO If so, where? \_\_\_\_\_

Do you have any areas of the mouth that seem to **catch food?** YES NO If so, where? \_\_\_\_\_

Do you know if you **grind** your teeth while you sleep? YES NO

Do you wear an **appliance** at night when you sleep? YES NO

Do you know if you **clench** your teeth during the day? YES NO

Have you noticed your teeth **wearing down** at all? YES NO

Do you often suffer from: **headaches?** YES NO

Do you often suffer from **sore jaw muscles?** YES NO

Does your jaw joint ever **pop, click** or **get stuck** when you open? YES NO If so, how often? \_\_\_\_\_

Does your **bite ever feel different** when you wake up in the morning? YES NO If yes, how so? \_\_\_\_\_

When was the last time you saw a dentist for a **regular checkup** (best guess)? \_\_\_\_\_

Have you ever been told you have **gingivitis** or **periodontal disease (gum disease)?** YES NO

Do you have **dry mouth?** YES NO

**How many times a year** does your previous dentist recommend you have a professional "cleaning"?

(please circle) 2 3 4 other \_\_\_\_\_

Have you ever been treated by a **periodontist?** YES NO If yes, when? \_\_\_\_\_

Have you ever been treated by an **orthodontist?** YES NO If yes, when? \_\_\_\_\_

Do you have any **missing teeth** that have not been replaced? YES NO If yes, why? \_\_\_\_\_

Were there any recommended dental treatments that were never accomplished? YES NO

If so, what prevented it? \_\_\_\_\_

What are your future dental health **goals?** \_\_\_\_\_

If you could change anything about your smile, what would it be? \_\_\_\_\_

What has **prevented** you from making these changes? \_\_\_\_\_

What dental issues **not listed** would you like to discuss with the doctor? \_\_\_\_\_

What is your level of **dental anxiety?** (1-10 with 10 being the highest) \_\_\_\_\_

How would you rate your **current level of dental health?** (1-10 with 10 being the best) \_\_\_\_\_

When discussing treatment, would you prefer to have the **"big picture"** or would you like the **"details"**? \_\_\_\_\_

What is most important to you about the dental care you receive? \_\_\_\_\_

What else would you like to share with us regarding your care? \_\_\_\_\_

Signature (Guardian if patient is a minor) \_\_\_\_\_ Date: \_\_\_\_\_

Print Name \_\_\_\_\_

Dr. Ariel Raigrodski, DMD, MS, FACP

### **Patient Health Information Policy**

#### **Patient Privacy & HIPAA (Health Insurance Portability and Accountability Act) Consent Form**

We want you to know how your Patient Health Information is going to be used in this office and your rights concerning those records. Before we will begin any health care operations we require you to read and sign this consent form stating that you understand and agree with how your records will be used. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your Patient Health Information we encourage you to read the HIPAA NOTICE that is available to you at the front desk before signing this consent.

- The patient understands and agrees to allow this office to use their Patient Health Information for the purpose of treatment, payment, healthcare operations, and coordination of care. Be assured that this office will limit the release of all Patient Health Information to the minimum needed for what the insurance companies require for payment.
- The patient has the right to examine and obtain a copy of his or her own records at any time.
- The patient's written consent need only to be obtained one time for all subsequent care given the patient in this office.
- The patient may provide a written request to revoke consent at any time during care. This would not effect the use of the records prior to the written request to evoke consent but would apply to any care given after the written request has been presented to our office.
- If the patient refuses to sign this consent for the purpose of treatment, payment, and healthcare options, we have the right to refuse to give care.

For your security and right to privacy, all staff have been trained in the area of patient information privacy. We have taken all precautions that are known by this office to assure that your records are not readily available to those who do not need them.

- I authorize that Dr. Ariel Raigrodski and staff are allowed to share my medical and dental information, to use and disclose the protected health information as described to the following person/people:

Name \_\_\_\_\_ Phone # \_\_\_\_\_ Email: \_\_\_\_\_

Name \_\_\_\_\_ Phone # \_\_\_\_\_ Email: \_\_\_\_\_

Name \_\_\_\_\_ Phone # \_\_\_\_\_ Email: \_\_\_\_\_

**I have read and understand how my Patient Health Information will be used and I agree to these policies and procedures.**

**Patient, Parent, or Guardian signature** \_\_\_\_\_ **Date** \_\_\_\_\_ **Time** \_\_\_\_\_

**Printed Name** \_\_\_\_\_ **Relationship** \_\_\_\_\_

Dr. Ariel Raigrodski, DMD, MS, FACP

## Office Financial Policy

In our continued commitment to provide the highest quality of dental care available to all of our patients and to have those services comfortable affordable, we are pleased to offer you these options for payment:

- A 5% bookkeeping courtesy is offered for payment in full with cash or check payment at or prior to completion of treatment services.
- For patients with insurance, your estimated portion is due at the time of service.
- For extended payments, we offer outside lending through Care Credit.

We will, as a courtesy, process your insurance benefits in our office. All questions regarding your insurance benefits must be addresses to your insurance carrier. Your deductible and patient portion must be paid at the time of service. Since dental plans vary widely in coverage, the estimated portion of your coverage may not be exact. As a guarantor, you will be responsible for services not covered by your policy.

I agree that I am fully responsible for the total payment of all procedures performed in this office- this includes any treatment that is not a benefit of my dental insurance that I may have.

One percent (1%) per month interest, twelve percent (12%) per year (per RCW 19.52) will be charged on accounts 90 days from treatment date.

## Missed Appointment and Cancellation Policy

Please notify our office 2 business days (Monday through Thursday) or more in advance if you must reschedule your appointment.

- Any patient who cancels less than 24 business hours prior to their scheduled appointment will be charged a \$95.00 late cancellation fee to their account.
- Any patient who misses or no shows their scheduled appointment will be charged a \$130.00 no show fee to their account.
- This fee must be paid before a new appointment will be made. Patients with three missed appointments will be required to secure an appointment time by paying a \$130.00 deposit prior to scheduling an appointment.

I have read and understood the Office Financial Policy, as well as the Missed Appointment and Cancellation Policy.

Patient, Parent, or Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

Printed Name \_\_\_\_\_ Relationship \_\_\_\_\_